



2010 - 2011 School and Youth / Rec NHSCC Divisions Only



JUNIOR HIGH / JUNIOR VARSITY DIVISIONS

* Small Junior High	• 9th grade and below	• Female/Male	• 5 - 16 Members	
* Large Junior High	• 9th grade and below	• Female/Male	• 17 - 25 Members	
Small Junior Varsity	• 12th grade and below	• Female	• 5 - 16 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
Large Junior Varsity	• 12th grade and below	• Female	• 17 - 25 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
Junior Varsity Coed	• 12th grade and below	• Female/Male	• 5 - 25 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.

* Junior High Division Guidelines: Junior High teams may include 9th grade participants IF (1) the school represented includes a 9th grade class AND (2) a minority of the team are 9th graders. Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity.

VARSITY DIVISIONS

To create a Championship that gives equal opportunity for schools of similar student composition, UCA will sub-divide the below listed divisions at the NHSCC based on school enrollments in the 9th - 12th grades as of October 1, 2010. Check out www.uca.varsity.com for more details.

Small Varsity Division I	• 12th grade and below	• Female	• 5 - 12 Members	1300 and above
Small Varsity Division II	• 12th grade and below	• Female	• 5 - 12 Members	1-1299 Students
Medium Varsity Division I	• 12th grade and below	• Female	• 13 - 16 Members	1300 and above
Medium Varsity Division II	• 12th grade and below	• Female	• 13 - 16 Members	1-1299 Students
Large Varsity Division I	• 12th grade and below	• Female	• 17 - 20 Members	1600 and above
Large Varsity Division II	• 12th grade and below	• Female	• 17 - 20 Members	1-1599 Students
Super Varsity Division I	• 12th grade and below	• Female	• 21 - 30 Members	1600 and above
Super Varsity Division II	• 12th grade and below	• Female	• 21 - 30 Members	1-1599 Students
Small Varsity Coed Division I	• 12th grade and below	• Female/1-4 Males	• 5 - 20 Members	1600 and above
Small Varsity Coed Division II	• 12th grade and below	• Female/1-4 Males	• 5 - 20 Members	1-1599 Students
Large Varsity Coed	• 12th grade and below	• Female/5 + Males	• 5 - 20 Members	Note: 5 or more males allowed.

Non Building Divisions

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

Junior Non Building	• JR or JV team	• Female/Male	• 5 - 30 Members
Small Varsity Non Building	• 12th grade and below	• Female/Male	• 5 - 15 Members
Large Varsity Non Building	• 12th grade and below	• Female/Male	• 16 - 30 Members

Non Tumbling Divisions

The Non Tumbling division will prohibit all tumbling, except for inversions into load in positions, stunts, and pyramids. Tumbling is defined as any skill with feet over head rotation. More information including detailed rules and regulations will be available on www.uca.varsity.com

Junior Non Tumbling	• JR or JV team	• Female/Male	• 5 - 25 Members	Junior High or Junior Varsity Teams
Small Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 5 - 12 Members	Note: Up to 2 males allowed.
Medium Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 13 - 20 Members	Note: Up to 2 males allowed.
Large Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 21 - 30 Members	Note: Up to 2 males allowed.

YOUTH / RECREATIONAL DIVISIONS

**The following divisions will follow standard safety guidelines*

The youth recreational division exists for teams with the main purpose of cheering for and supporting a recreational team (i.e. youth football, pee wee sports, community sports teams, etc.) Competitive only youth programs are considered an all star program, and must compete as an all star team and follow the all star rules and regulations.

Teams with a school affiliation may compete in the youth recreational division, only if at least half of the participants are in the 5th grade or younger. Teams with a school affiliation that have a majority of 6th, 7th, and 8th graders must compete in the junior high division.

Pee Wee Rec	• 7 yrs and younger	• Female/Male	• 5 - 35 Members
Youth Rec	• 9 yrs and younger	• Female/Male	• 5 - 35 Members
Junior Rec	• 12 yrs and younger	• Female/Male	• 5 - 35 Members
Senior Rec	• 14 yrs and younger	• Female/Male	• 5 - 35 Members

Note: The age of the competitor as of August 1, 2010 will be the age used for the competition purposes throughout the 2010-2011 season for all Youth / Rec Divisions.