



UCA Summer Camp Schedule

TRADITIONAL HOME CHEERLEADING CAMP- 1 DAY

Day 1

- 8:45-9:00 Registration
- 9:00 Staff Introductions & Ice Breaker
- 9:15 Warm-up & Game Time Class
- 10:00 Jump Class
- 10:15 Spotting Seminar/Stunt Qualification
- 10:30 Stunt Class
- 11:30 Private Coaching Prep for Cheer
- 11:45 Lunch Break
- 12:45 Ice Breaker / Line Dance
- 1:00 Optional Fight Song
- 1:15 Xtreme Routine Dance Class
- 2:00 TEAM UCA / C.L.A.S.S
- 2:30 Private Coaching - Cheer
- 3:15 Evaluation - Cheer
- 3:45 Safety Awareness/Safety Pledge
- 4:00 Awards & Dismiss